

2008 DEMERITS

Respect and discipline are absolutely necessary at practice and games. We need everyone to be a team player. There are rules that must be followed. If the rules are not followed the cheer coaches and cheer director have the authority to issue demerits. Demerits are our way of keeping order of the team during practice and games. Our coaches strive to maintain a learning atmosphere.

A cheerleader who exceeds more than 10 demerits will be removed from the squad.

Demerits are issued for the following reasons

Unexcused Absence	1 demerit
Not wearing proper practice attire	1 demerit
Chewing gum at practice/game	1 demerit
Not having hair secured at practice/game	1 demerit
Wearing jewelry or nail polish	1 demerit
Not having water bottle	1 demerit
Not properly dressed for the game	1 demerit
Disrespectful attitude to teammate or any cheerleader	2 demerits
Late to practice without notice	1 demerit
Late to field on game day without notice	2 demerits
Continually being called on for behavior at practice/not paying attention	2 demerits
Not participating during a game	2 demerits
Disrespectful to any coaches, director or parent	3 demerits
Attempting partner stunts or tumbling without supervision	2 demerits

2008 MERITS

Merits can be given as to the coach's discretion for a cheerleader going above and beyond the normal requirements for the team.